



# INTERVENTION WEBINAR

 Starting Soon



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President & Founder,  
Family First Intervention

Mike has an extensive history of helping families treat addiction. He is an authority in addiction treatment and remains dedicated to providing hands-on expertise at our clinic.

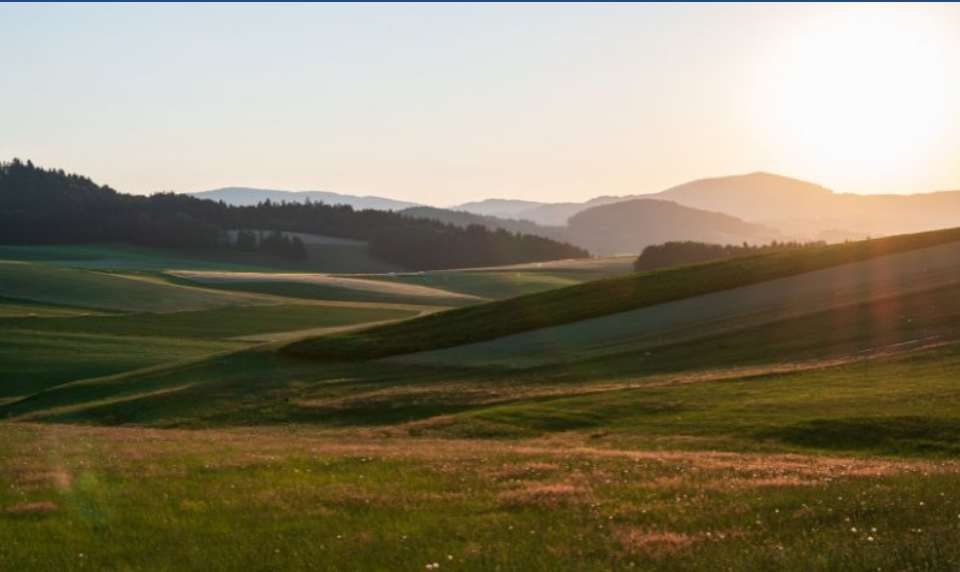
# What Does Recovery from Alcohol & Drug Addiction Mean?

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# What Does Recovery from Alcohol & Drug Addiction Mean?

- The book of Alcoholics Anonymous states, “We have recovered from a hopeless state of mind and body” (Alcoholics Anonymous, Pg. 20).
  - The book later states, “We have seen the truth repeatedly demonstrated: “Once an alcoholic, always an alcoholic” (Alcoholics Anonymous, Pg.33).
  - To answer what recovery from alcohol and drug addiction means, we must first look at what, why, when, and how of addiction.
  - When Alcoholics refer to being recovered from a hopeless state of mind and body and once an alcoholic, always an alcoholic, they are saying that you most likely can never use drugs or alcohol successfully again.
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# So what does recovery from alcohol and drug addiction mean?

- It means to become unselfish and to see how your actions can and will affect others.
  - Recovery means addressing your past and processing it with others.
  - Recovery is about pausing before reacting, making wrongs right, and not blaming or focusing on what others may have done to you.
  - Recovery is about doing the next right thing when nobody is watching.
  - “Recovery is about being able to look in the mirror and say; I am looking at the only problem I will face all day.”
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# Is it Possible for Alcoholics & Drug Addicts to Recover?



- The book Alcoholics Anonymous, in the forward to the second edition, claims that 50% of people got sober at once, with 25% improving.
  - Alcoholics Anonymous, at one time, was the only way to recover.
  - For the record, nowhere in the book of Alcoholics Anonymous does it say alcoholism is a disease.
  - Many mental health disorders have symptoms that parallel those of a substance use disorder.
  - Alcoholics and drug addicts can recover.
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# How will I know if someone is in Recovery from Alcohol & Drug Addiction?

- Families of alcoholics and drug addicts often base addiction recovery on whether or not someone has used alcohol or drugs.
  - When we do an intervention and bring the family's loved one to treatment, families often believe the nightmare is over.
  - The family enables for a reason, and the alcoholic or drug addict uses substances for a reason.
  - Families must start seeing a complete change in their loved one's behavior, perception, and thinking. People who relapse shortly after treatment do not relapse; they resume.
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# What are the Stages of Alcoholic & Addiction Recovery?

- Pre-Contemplation
  - Contemplation (the pivotal point)
  - Preparation
  - Action
  - Maintenance
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# How to get Treatment for Alcoholism & Drug Addiction



- Families often tell us they feel hope after a conversation with one of our intervention services coordinators.
  - It is infrequent to encounter an alcoholic or someone with an addiction to drugs which can survive by themselves on their own resources.
  - Treatment for Alcoholism and Drug addiction will rarely, if ever, be a first option when enabling, codependency, and dysfunctional family systems are present.
  - A family intervention brings the family together and resets the stage.
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# Stop Accepting Excuses and Start Getting Help

**Questions? The Floor Is Yours!**

Prefer to talk in private? Get in touch below:

**Call Us:** 1 (888) 291-8514

**Chat with us:** [family-intervention.com](https://family-intervention.com)

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