



INTERVENTION WEBINAR

 Starting Soon



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President & Founder,
Family First Intervention

Mike has an extensive history of helping families treat addiction. He is an authority in addiction treatment and remains dedicated to providing hands-on expertise at our clinic.

Why Do Addicts and Alcoholics Relapse?

What is Relapse?

- The concept of relapse in addiction
 - Understanding the disconnect between perceived reasons and actual reasons for relapse
 - The power of choice, or lack thereof, in relapse
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The Shift in Treatment Models

- Influence of modern counseling and harm reduction strategies on relapse rates
 - The decline of recovery rates due to changes in treatment approaches
 - Critique of treatment models that use medications as a substitute for therapy
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Why Untreated Addicts Relapse



- The path of least resistance in addiction and early recovery
 - Use of substances as a problem-solving strategy
 - The role of manipulation in sustaining substance use
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The Role of Family in Relapse

- The issue of isolation in rehabilitation programs
 - The contribution of family dysfunction and enabling behavior to relapse
 - The power of accountability in preventing relapse
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Keys to Successful Addiction Treatment

- The importance of long-term treatment
 - The role of family involvement and recovery
 - The efficacy of 12-Step Facilitation and Sober Living
 - The benefits of out-of-town treatment and restricted access to cell phones & finances
 - The case for abstinence-based treatment
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Fear of Success and Misunderstanding Addiction

- The paradox of relapse during periods of positive change
 - Misconceptions about the root cause of addiction
 - The danger of self-sabotage and overconfidence in abstinence
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The Behavioral Nature of Addiction

- The significance of the first connection to the drug of choice
 - The role of childhood trauma and feeling unloved in addiction
 - The search for connection through substance use
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Common Relapse Triggers

- The centrality of behavioral changes in triggering relapse
 - The limitations of focusing on external cues in relapse prevention
 - The importance of cognitive-behavioral therapy and twelve-step facilitation in addressing triggers
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Warning Behaviors: Signs of Potential Relapse

- Identification of behaviors indicating vulnerability to relapse, including resentment, arguing, dishonesty, isolation, discontinuing treatment, and entitlement among others
 - The distinction between normal and risk-inducing manifestations of these behaviors
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Conclusion



- The role of strong recovery program in maintaining sobriety
 - Preparing for potential external triggers
 - The potential severity of a relapse event
 - Final thoughts on addiction recovery and avoiding relapse.
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Stop Accepting Excuses and Start Getting Help

Questions? The Floor Is Yours!

Prefer to talk in private? Get in touch below:

Call Us: 1 (888) 291-8514

Chat with us: family-intervention.com
