

## INTERVENTION WEBINAR

((•)) Starting Soon



Mike Loverde, MHS, CIP President & Founder, Family First Intervention

Mike has an extensive history of helping families treat addiction. He is an authority in addiction treatment and remains dedicated to providing handson expertise at our clinic.



## Why Do Addicts and Alcoholics Relapse?





#### What is Relapse?



- The concept of relapse in addiction
- Understanding the disconnect between perceived reasons and actual reasons for relapse
- The power of choice, or lack thereof, in relapse

## The Shift in Treatment Models





- Influence of modern counseling and harm reduction strategies on relapse rates
- The decline of recovery rates due to changes in treatment approaches
- Critique of treatment models that use medications as a substitute for therapy

## Why Untreated Addicts Relapse





- The path of least resistance in addiction and early recovery
- Use of substances as a problem-solving strategy
- The role of manipulation in sustaining substance use

## The Role of Family in Relapse





- The issue of isolation in rehabilitation programs
- The contribution of family dysfunction and enabling behavior to relapse
- The power of accountability in preventing relapse

### **Keys to Successful Addiction Treatment**





- The importance of long-term treatment
- The role of family involvement and recovery
- The efficacy of 12-Step Facilitation and Sober Living
- The benefits of out-of-town treatment and restricted access to cell phones & finances
- The case for abstinence-based treatment

## Fear of Success and Misunderstanding Addiction





- The paradox of relapse during periods of positive change
- Misconceptions about the root cause of addiction
- The danger of self-sabotage and overconfidence in abstinence

## The Behavioral Nature of Addiction





- The significance of the first connection to the drug of choice
- The role of childhood trauma and feeling unloved in addiction
- The search for connection through substance use

### Common Relapse Triggers





- The centrality of behavioral changes in triggering relapse
- The limitations of focusing on external cues in relapse prevention
- The importance of cognitive-behavioral therapy and twelve-step facilitation in addressing triggers

### Warning Behaviors: Signs of Potential Relapse

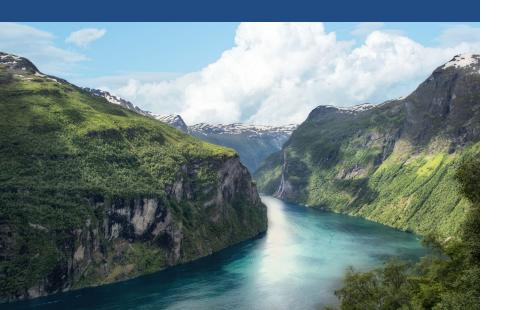




- Identification of behaviors indicating vulnerability to relapse, including resentment, arguing, dishonesty, isolation, discontinuing treatment, and entitlement among others
- The distinction between normal and risk-inducing manifestations of these behaviors



#### Conclusion



- The role of strong recovery program in maintaining sobriety
- Preparing for potential external triggers
- The potential severity of a relapse event
- Final thoughts on addiction recovery and avoiding relapse.



# Stop Accepting Excuses and Start Getting Help

**Questions? The Floor Is Yours!** 

Prefer to talk in private? Get in touch below:

**Call Us:** 1 (888) 291-8514

Chat with us: family-intervention.com