

INTERVENTION WEBINAR

((•)) Starting Soon



Mike Loverde, MHS, CIP President & Founder, Family First Intervention

Mike has an extensive history of helping families treat addiction. He is an authority in addiction treatment and remains dedicated to providing handson expertise at our clinic.



How to tell if it's a Mental Health Disorder vs. Addiction

What is an addiction?





- The National Institute on Drug Abuse (NIDA) defines addiction as a brain disorder as well as mental illness.
- The Diagnostic Statistical Manual, 5th Edition (DSM-V) of mental disorders categorizes substance use disorders as mild, moderate, and severe.
- The American Society of Addiction Medicine (ASAM) defines addiction as a chronic medical disease.
- The National Institute of Mental Health (NIH) states that addiction is a mental disorder that affects a person's brain and behavior.

What is a mental disorder?





- The American Psychiatric Association (APA) defines a mental disorder as any condition characterized by cognitive and emotional disturbances, abnormal behaviors, impaired functioning, or any combination of these.
- The DSM-V states that Mental Disorders are usually associated with significant distress or disability in social, occupational, or other important activities.
- The World Health Organization (WHO)
 defines a Mental Disorder as follows: A
 mental disorder is characterized by a
 clinically significant disturbance in an
 individual's cognition, emotional regulation,
 or behavior.

Can a mental illness really be defined?





- The APA contains language such as "cannot be accounted for," and it "may" involve certain factors.
- The WHO vaguely states that a mental health disorder "is usually associated with" certain factors, implicitly admitting this is not an exact science.
- Comes down to hypothesis.

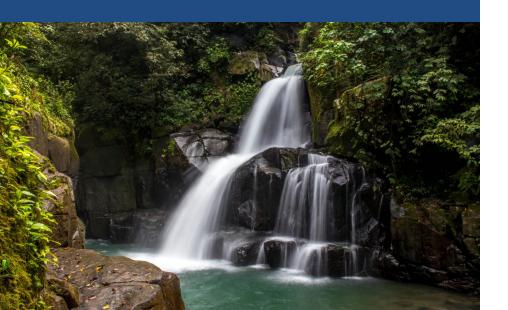
The role of family in addiction





- Families view the problem as a mental health disorder.
- Other underlying causes may exist alongside a mental health disorder.
- Substance use and mental health disorders have behavioral components.
- Symptoms persist even after discontinuing substance use.

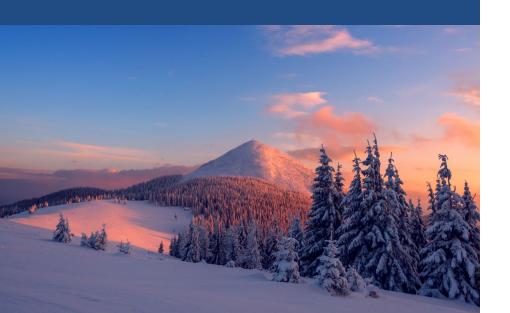
Accuracy of a mental illness diagnosis





- Quick diagnoses are common among psychiatrists and mental health professionals.
- Patients may not be completely honest during assessments.
- Family doctors often prescribe mental health disorder drugs without proper training or experience.
- Early diagnosis by a mental health professional during a crisis.
- Stabilize the patient under the care of an integrated treatment team.

What is a mental health disorder intervention?





- A clinical tool/strategy used by clinicians and mental/substance use disorder professionals.
- Targets specific goals by addressing problems or behaviors.
- Changes from minute to minute.
- Focuses on avoiding coercive approaches and safely delivering the patient to a treatment facility for stabilization.
- Aims to bring the patient to a baseline state.
- Interventionists assume substance use as the cause of behavior until proven otherwise.

What are co-occurring disorders?





- Co-Occurring Disorder refers to two mental health disorders taking place simultaneously. This can also include two mental disorders or a substance use disorder with a mental disorder.
- Dual Diagnosis describes when Co-Occurring Disorders are determined and diagnosed.
- Comorbidity occurs when medical complications exist with a substance use disorder, a mental health disorder, or both. Alcohol Use Disorder, along with Anxiety Disorder and a failing liver, would be an example of comorbidity.

Mental health intervention vs. Addiction intervention





Interventions for mental health disorders and addiction share the same underlying theory.

- Strategies and goals in interventions are based on real-time observations.
- Advice and expectations are provided during the intervention process.
- Volatility can lead to changes in strategies, goals, and outcomes.
- Interventionists often deal with dual diagnosis of substance use and mental health disorders, making accurate diagnosis challenging during the intervention.
- Aftercare teams







- Perform triage
- Bridge the gap between the family and patient
- Listen
- Build strategies
- Instill hope
- Educate the family
- Ensure a safe delivery to a treatment facility

Is it better to treat an addiction or a mental illness?





- Sequential Treatment Approach
- Parallel Treatment Approach
- Integrated Treatment Approach

Professional mental health interventionists with Family First Intervention





- Acknowledging a loved one's drug or alcohol use
- Determining the causes and conditions of the dual diagnosis
- Dual Diagnosis
- Mental health interventions



Stop Accepting Excuses and Start Getting Help

Questions? The Floor Is Yours!

Prefer to talk in private? Get in touch below:

Call Us: 1 (888) 291-8514

Chat with us: family-intervention.com