

#### INTERVENTION WEBINAR

((•)) Starting Soon



Mike Loverde, MHS, CIP President & Founder, Family First Intervention

Mike has an extensive history of helping families treat addiction. He is an authority in addiction treatment and remains dedicated to providing handson expertise at our clinic.



# Understanding How Family Roles & Behavior Affect Addiction Treatment Outcomes

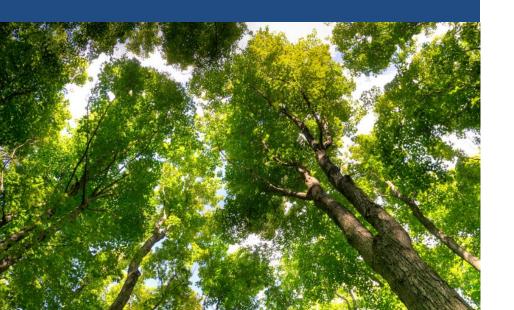
## What Enabling Provides a Family System





- When substance abuse starts, relationships begin to change.
- Enabling a substance abuser takes away the opportunity to face proper consequences.
- Family roles can completely switch when trying to recover from addiction, and it's important to know how these affect family dynamics.

#### How Does Addiction Lead to Dysfunctional Family Roles





- Family members can become resentful or anxious towards the enabler.
- Family members fight about each other's point of views, misplaced emotions, lack of education, maladaptive coping skills, and lack of communication.
- The primary enabler can cause an internal struggle for attention, affection, or approval.
- Families try to fix the substance use disorder without fixing family structure.
- Family members avoid confrontation and rejection.

#### Family Roles that Often Occur Within a Family Affected by Addition





- The Substance Abuser
- The Primary Enabler
- The Martyr
- The Hero
- The Scapegoat
- The Lost Child

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#### Family Roles that Often Occur Within a Family Affected by Addition





- The Mascot
- The Punisher
- The Redeemer
- The Ally
- The Denier
- The Clueless

## No One Chooses Their Roles or Behaviours Intentionally





- Roles develop with time.
- Most family members are being defensive of their position and truly believe they are being helpful.
- "The attention is frequently on the substance user and infrequently on the family".
- The closer a family member is to the addict, the less likely they can make proper judgements.







- Third party input is important to try to work though the issue.
- Professionals offer helpful perspective.
- Emotionally driven decisions are difficult to deliver.
- Identifying family roles can create a positive outcome.
- Understanding what a substance use disorder is and how family can be a roadblock in recovery can lead to better decision making.
- Family members need to identify codependency and enabling tendencies.



## Stop Accepting Excuses and Start Getting Help

**Questions? The Floor Is Yours!** 

Prefer to talk in private? Get in touch below:

**Call Us:** 1 (888) 291-8514

Chat with us: family-intervention.com