



INTERVENTION WEBINAR

 Starting Soon



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President & Founder,
Family First Intervention

Mike has an extensive history of helping families treat addiction. He is an authority in addiction treatment and remains dedicated to providing hands-on expertise at our clinic.

Understanding How Family Roles & Behavior Affect Addiction Treatment Outcomes

What Enabling Provides a Family System



- When substance abuse starts, relationships begin to change.
 - Enabling a substance abuser takes away the opportunity to face proper consequences.
 - Family roles can completely switch when trying to recover from addiction, and it's important to know how these affect family dynamics.
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How Does Addiction Lead to Dysfunctional Family Roles

- Family members can become resentful or anxious towards the enabler.
 - Family members fight about each other's point of views, misplaced emotions, lack of education, maladaptive coping skills, and lack of communication.
 - The primary enabler can cause an internal struggle for attention, affection, or approval.
 - Families try to fix the substance use disorder without fixing family structure.
 - Family members avoid confrontation and rejection.
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Family Roles that Often Occur Within a Family Affected by Addiction

- The Substance Abuser
- The Primary Enabler
- The Martyr
- The Hero
- The Scapegoat
- The Lost Child

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Family Roles that Often Occur Within a Family Affected by Addiction

- The Mascot
 - The Punisher
 - The Redeemer
 - The Ally
 - The Denier
 - The Clueless
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No One Chooses Their Roles or Behaviours Intentionally

- Roles develop with time.
 - Most family members are being defensive of their position and truly believe they are being helpful.
 - “The attention is frequently on the substance user and infrequently on the family”.
 - The closer a family member is to the addict, the less likely they can make proper judgements.
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When Families Change so Does the Addiction

- Third party input is important to try to work through the issue.
 - Professionals offer helpful perspective.
 - Emotionally driven decisions are difficult to deliver.
 - Identifying family roles can create a positive outcome.
 - Understanding what a substance use disorder is and how family can be a roadblock in recovery can lead to better decision making.
 - Family members need to identify codependency and enabling tendencies.
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Stop Accepting Excuses and Start Getting Help

Questions? The Floor Is Yours!

Prefer to talk in private? Get in touch below:

Call Us: 1 (888) 291-8514

Chat with us: family-intervention.com
