



INTERVENTION WEBINAR

Can I Just Do An Intervention
Myself? Why Would I Need a
Professional?

 Starting Soon



Mike Loverde, MHS, CIP

President & Founder,
Family First Intervention

Mike has an extensive history of helping families treat addiction. He is an authority in addiction treatment and remains dedicated to providing hands-on expertise at our clinic.

Can I Just Do An Intervention Myself? Why Would I Need a Professional?

What is an Intervention?

- Defining 'intervention'
 - a. Merriam-Webster

"The act or fact of taking action about something in order to affect its outcome."
 - b. Oxford

"Action taken to improve a situation, especially a medical disorder."
 - c. Clinical
 - Addiction and Family
 - Professional Help vs. Doing it Yourself
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DIY Intervention Risks

- Significant Limitations
- Minimal chances of effective treatment



Limitations on Family Learning with DIY Interventions

- Addiction education
 - Developing communication among family members
 - Setting boundaries
 - Handling objections and manipulations
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Importance of Professional Help

- Managing volatility of early sobriety attempts
 - Ongoing support
 - Family recovery
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Outcomes of DIY vs. Professional Intervention

- Minimal accomplishments
- Short-term vs. long-term effectiveness
- Success rate



How does an Intervention Work?

- Step-by-Step Process
 - Make a Decision
 - Professional Help
 - Set Goals and Strategize
 - Intervening with Family and Substance User
 - Family Recovery
 - Misconceptions about interventions
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Stop Accepting Excuses and Start Getting Help

Questions? The Floor Is Yours!

Prefer to talk in private? Get in touch below:

Call Us: 1 (888) 291-8514

Chat with us: family-intervention.com
