

# INTERVENTION WEBINAR

## What are the Top Signs of Manipulation from an Addict or Alcoholic

 Starting Soon



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Mike has an extensive history of helping families treat addiction. He is an authority in addiction treatment and remains dedicated to providing hands-on expertise at our clinic.

# What are the Top Signs of Manipulation from an Addict or Alcoholic

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# What Are the Ways Addicts Manipulate?

- Keeping themselves comfortable.
  - Inflicting emotional pain.
  - Use the victim strategy to put the blame on someone else.
  - Addicts “sell” hope- saying it’s the last time they’ll do something.
  - Fear can be used to guilt or shame someone.
  - Families will enable the addict out of fear.
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# Why Are Addicts Manipulative?



Addicts manipulate others to:

- Get what they want.
  - Punish others.
  - Stay comfortable.
  - Maintain the status quote.
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# Why Are Addicts Manipulative?



- **Selfishness** (which leads to resentment)
  - **Guilt** (trying to get the blame off of themselves)
  - **Shame** (trying to make others feel responsible)
  - **Control** (making sure no one gets in the way of their relationship with drugs and alcohol)
  - Will push others away for fear of rejection.
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# How an Addict Manipulates

- Isolating
  - Silent treatment
  - Guilt-tripping
  - Blame-shifting
  - Dependency
  - Lashing out
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# How to Tell When an Addict is Lying and How to Cope?

- An addict who lies is often heading towards relapse.
  - Addicts are known to be dishonest in detox and early stages of treatment.
  - **Dry Drunk:** addicts at their worst days before relapsing, not during the heat of their addiction.
  - “Addicts don’t think they’re lying when they believe their distorted perception of reality”.
  - Anger = fear, and an explosive reaction can mean deceit.
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# What Help is There For Addicts and Their Family Members?

- Families need to break enabling habits, codependency, and unhealthy family roles.
  - Both families and addicts need to enter recovery.
  - You must remember that no side has control over the other.
  - Allow professional interventionists to help.
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# Stop Accepting Excuses and Start Getting Help

**Questions? The Floor Is Yours!**

Prefer to talk in private? Get in touch below:

**Call Us:** 1 (888) 291-8514

**Chat with us:** [family-intervention.com](https://family-intervention.com)

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