



# INTERVENTION WEBINAR

Can You Save Your Relationship  
with an Alcoholic or Addict?

 Starting Soon



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Family First Intervention

Mike has an extensive history of helping families treat addiction. He is an authority in addiction treatment and remains dedicated to providing hands-on expertise at our clinic.

# Can You Save Your Relationship with an Alcoholic or Addict?

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# Is My Spouse an Alcoholic or Addict?



## Recognizing the Problem

- Importance of Acknowledgment
- Emotional Impact of Realization

## Benefits of Partner's Acknowledgment

- Openness to Change
  - Role of the Spouse in Recovery
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# Alcoholic and Addict Relationship Patterns

## Identifying Enabling Behaviors

- Examples of Enabling
- Impact on Relationship and Recovery

## Understanding Manipulative Behavior

- Common Manipulative Tactics
  - Recognizing and Addressing Manipulation
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# Alcohol or Addiction Worsening Your Spouse's Mental Health

## Connection Between Substance Abuse and Mental Health

### Common Mental Health Issues in Alcoholics and Addicts

- Anxiety
  - Depression
  - Bipolar Disorder
  - Obsessive-Compulsive Disorder (OCD)
  - Cyclothymia
  - Mania
  - Narcissistic Personality Disorder
  - Antisocial Personality Disorder
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# Seeking Help in a Relationship with an Addict or Alcoholic



## **Taking Care of Yourself First**

- Importance of Self-Care
- Available Resources and Support

## **Determining Appropriate Level of Care**

- Role of Professional Interventionists
  - Developing a Recovery Plan
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# Staging an Intervention



## Misconceptions About Interventions

- Myth of Waiting for Rock Bottom
- Family's Role in Initiating Change

## Steps to Effective Intervention

- Planning and Preparation
  - Addressing Family Dynamics
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# Plan for a Future After Treatment



## Importance of Family Recovery

- Positive Impact on Recovery Outcomes
- Long-Term Planning and Support

## One Day at a Time Approach

- Managing Expectations
  - Embracing Professional Guidance
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# How to Help Someone Addicted to Alcohol



## Family First Intervention's Approach

- Focus on Family Systems
- Role of Interventions in Recovery

## Encouraging Family Unity and Agreement

- Overcoming Disagreement and Hopelessness
  - Shifting Control to Positive Actions
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# Stop Accepting Excuses and Start Getting Help

**Questions? The Floor Is Yours!**

Prefer to talk in private? Get in touch below:

**Call Us:** 1 (888) 291-8514

**Chat with us:** [family-intervention.com](https://family-intervention.com)

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