



INTERVENTION WEBINAR

How to Choose a Mental
Health and Addiction
Treatment Center for Your
Loved One

 Starting Soon



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Mike has an extensive history of helping families treat addiction. He is an authority in addiction treatment and remains dedicated to providing hands-on expertise at our clinic.

How to Choose a Mental Health and Addiction Treatment Center for Your Loved One

The Evolution of Treatment Centers



- **Treatment Centers Today vs. The Past**
 - The shift from individualized care to profit-driven models.
 - Impact of private equity acquisition on quality of care.
 - **Challenges in Managed Care**
 - Focus on managed costs over effective outcomes.
 - Short-term treatment models and their limitations.
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Key Criteria for Selecting a Treatment Center

- **Ownership and Structure**
 - Privately owned vs. private equity-backed centers.
 - Why ownership matters in the quality of care.
 - **Therapist and Staff Quality**
 - The importance of requiring signed Releases of Information (ROIs).
 - Avoiding therapists who prioritize friendship over accountability.
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Key Criteria for Selecting a Treatment Center (Cont'd)

- **Certifications and Accreditations**
 - Importance of JCAHO, CARF, and LegitScript certifications.
 - How these accreditations reflect quality and compliance.
 - **Family Involvement**
 - Centers that value family input in treatment and discharge plans.
 - Ensuring the family's voice is heard and integrated.
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Evidence-Based Treatment Strategies



- **Defining Evidence-Based Treatment**
 - Examples: 12-Step Facilitation, Cognitive Behavioral Therapy (CBT).
 - Importance of accountability and challenging negative behaviors.
 - **Execution Matters**
 - How evidence-based treatment fails when misapplied.
 - Ensuring therapists encourage ownership and accountability.
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Essential Features of Effective Treatment Centers



- **Length of Stay**
 - NIH recommendations: Why less than 90 days is often ineffective.
 - **Cell Phone and Device Policies**
 - The link between unrestricted access and higher AMA risks.
 - Implementing blackout periods for early-stage recovery.
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Essential Features of Effective Treatment Centers (Cont'd)



- **Accountability and Boundaries**
 - Encouraging families to set boundaries for relapses and AMAs.
 - Supporting clients in taking responsibility for their recovery.
 - **Discharge Planning**
 - Developing realistic plans that avoid premature return to old environments.
 - Sober living as a critical step after residential treatment.
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Red Flags to Watch For



- **Signs of Ineffective Centers**
 - Centers prioritizing sales quotas over patient care.
 - Therapists unwilling to engage families or challenge clients.
 - **Avoiding Common Pitfalls**
 - Misdiagnosis during active substance use.
 - Overemphasis on mental disorder codes for insurance reimbursement.
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The Role of Intervention-Friendly Centers

- **Characteristics of Intervention-Friendly Centers**
 - Collaboration with interventionists and families.
 - Integration of family recovery into treatment plans.
 - **Impact on Outcomes**
 - Higher success rates for intervention clients.
 - Improved family dynamics and client accountability.
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Conclusion

- **Effective treatment is a team effort involving the addict, family, and professionals.**
 - **Investing in the right treatment approach improves long-term outcomes.**
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Stop Accepting Excuses and Start Getting Help

Questions? The Floor Is Yours!

Prefer to talk in private? Get in touch below:

Call Us: 1 (888) 291-8514

Chat with us: family-intervention.com
