



# INTERVENTION WEBINAR

Excuses and Objections  
Families Make for Not Doing or  
Waiting to Do an Intervention

 Starting Soon



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Mike has an extensive history of helping families treat addiction. He is an authority in addiction treatment and remains dedicated to providing hands-on expertise at our clinic.

# Excuses and Objections Families Make for Not Doing or Waiting to Do an Intervention

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## Family Objections for Not Doing or Waiting to Do an Intervention

- The manipulations and displaced emotional questions families and their loved ones ask
  - Families often question us to express doubt and dispute us, often with an implicit objection embedded in the question.
  - Interventions are not about a family talking their loved one into treatment but rather about addressing the family's dysfunction.
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## What if my loved one says no?

- Families asking this question do not proceed with an intervention.
  - Interventions are not about a family talking their loved one into treatment but rather about addressing the family's dysfunction.
  - Running away or not showing up indicates the loved one is more worried about what you will do rather than what you think.
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# On Families Using Mental Health Disorder Diagnoses as the Objection and Excuse to Overlook Bad Behavior, Alcohol, and Drug Addiction

- Why do families want to believe the problem is only related to mental health and not to an addiction?
  - When the family believes the problem is primarily mental health, it opens the door to enabling by the family.
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## What are your success rates?

- Families usually ask about intervention success rates.
  - The success rate of your loved one accepting help and attending treatment is significantly higher if the family doesn't resist our efforts.
  - The success rate of your loved one completing treatment and following directions in treatment is exponentially higher than a family doing the same in our S.A.F.E. Intervention Family Recovery Coaching
  - Family members must look at their roles, the family system, their loved one's environment and comfort level, and family codependency/enabling as factors that contribute to the dire situation.
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## Why can't we do the intervention/talk to them ourselves? (DIY Interventions)

- Families often research how to do an intervention or believe they can do the job of a professional interventionist by assigning a point person in the family to talk their loved one into treatment.
  - Interventions are not a series of speeches trying to inspire someone to check into alcohol, drug, or mental disorder treatment.
  - Interventions require a tremendous amount of work on the front end and require even greater resources after the intervention.
  - The family cannot therapize and educate themselves on what needs to be done differently.
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## Is there a guarantee?

- The question is a diversion, a manipulation, and a justification for maintaining the status quo.
  - “If the family gets their loved one into treatment but does nothing differently after that, they will have their misery and heartache increased tenfold when their loved one returns.”
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# We are Going to Have Them Committed to Treatment (Coerced & Involuntary Interventions)

- Boundaries and accountability are not coercion.

## **A Coercive and Involuntary approach is justified when these three rules are met:**

- When involuntary commitment would prevent harm to the person, harm so great that the person cannot rationalize the alternative.
  - The person does not have a reason to suffer the harm the involuntary commitment tries to prevent.
  - The harm will occur to the person if the involuntary commitment is not performed, and it will reduce the likelihood that the harmful act will occur.
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## Family Excuses for Not Doing or Waiting to Do an Intervention



- The more a family seeks approval from their loved one with addiction and mental health struggles, the harder it is to do something about the problem.
  - Families have secrets and may exhibit dysfunction.
  - Why families wait to do an Intervention or decide not to intervene has everything to do with dysfunctional family roles.
  - Family roles also significantly impact whether a family can maintain boundaries for themselves.
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# The Consequences of Your Family Saying No or Waiting to Do an Intervention

- The top predictors of outcomes in mental health disorders and addiction treatment are the client-counselor relationship and the environment.
  - The consequence to the family for doing little or nothing is continued heartache.
  - Excuses families and their loved ones make allows them to hold onto this way of life.
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# The Consequences of Your Family Not Following Through with the Suggestions of the Intervention Team

- Some families say yes to the intervention but then do not follow through with our family aftercare.
  - Some families only hire us to learn how to control their loved ones better.
  - Families cite addiction and mental health as the major disruption.
  - Families must follow through with aftercare and engage in their recovery.
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# Excuses that Addicts, Alcoholics, and those with Dual Diagnosis and Mental Disorders Use Not to Accept Help

- During an intervention, if the intended patient is talking about anything other than accepting help, they are talking about not getting help.
  - People with these conditions do a remarkable job of manipulating others.
  - People with an addiction, alcoholics, and those with mental health and dual diagnosis lie to themselves to the point of believing their own lies.
  - Excuses loved ones make to not go to treatment during the intervention pale in comparison to the excuses made after the intervention, regardless of the outcome.
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# The Consequences if Your Loved One Says No to Treatment at the Intervention

- Families often ask what will happen if their loved one says no during the intervention.
  - How you help a recovering addict or alcoholic is by knowing the difference between helping and enabling.
  - Until a family sets boundaries, the loved one has control of the family's emotions.
  - Recovery from alcohol, drug addiction, and mental health disorders entails addressing trauma, horrification, and experiences while changing behavior, thoughts, beliefs, and perceptions.
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## What Is the Purpose of Family Intervention?

- The purpose of Family Intervention is to incorporate Behavioral Family Therapy (BFT) into our procedures and to encourage family collaboration.
  - Family interventions address family roles and dysfunction, enabling, codependency, reactivity, fears, and so forth.
  - Interventions are about how to move the loved one out of the second stage of change, also known as the contemplation stage.
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## How To Set Up a Family Intervention for Addiction

- Setting up an intervention is far more complex than the actual face-to-face meeting with an interventionist, family members, and the intended patient.
  - Addiction and mental health are the only two potentially fatal illnesses where patients fight to stay sick, and their families make excuses to keep them sick.
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## We Can't Afford the Intervention

- Families that genuinely struggle with money issues ask for help, they ask for options, and they ask questions.
  - Our addiction and mental health intervention services are remarkably affordable, given the scope of our curriculum.
  - Family First Intervention has a Family Recovery Coaching Department dedicated to supporting your family after the intervention.
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# Stop Accepting Excuses and Start Getting Help

**Questions? The Floor Is Yours!**

Prefer to talk in private? Get in touch below:

**Call Us:** 1 (888) 291-8514

**Chat with us:** [family-intervention.com](https://family-intervention.com)

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